

DESIGN YOUR DAYESTINY



Create your destiny every day!

12 Week Kiva Circle Supporting Self-Inquiry with Inspiration



WHEN: Sundays

Sessions 1-4 Dec 6, 13, 20, 27

Sessions 5-8 Jan 3, 10, 17, 24

Sessions 9-12 Feb 7, 14, 21, 28

1:00—2:30 PM PT

2:00 to 3:30 PM MT

4:00—5:30 PM ET

WHERE: Zoom

COST: \$360/120 per month x 3 mos.

Contact us for information about sliding scale options if you have financial limitations.

RSVP: [Click Here to RSVP](#)

MORE INFORMATION?

Tracey McConnell

Tracey@CreativeCapacitiesLLC.com

Cassandra O'Neill

cassandraoneill@me.com

AWAKEN YOUR BRILLIANCE

What better time to dig deep into your purpose, vision, and values? We all know we are navigating extremely challenging times. So much is changing all at once, and there is a lot of uncertainty about everything. If you are excited about exploring how you can use this time to re-imagine and re-envision your life and our collective experience, join us for Designing Your Dayestiny. Home study built in!

A PROVEN ROADMAP FOR SUCCESS

Design Your Dayestiny walks you step by step through the process of taking your life from where it is now to *where you want* to be. This powerful virtual self-study program drills into the heart of what matters most to you.

PARTICIPANT OUTCOMES

1. Strengths, Talents, Wellbeing Assessments
2. Values
3. Vision
4. Mission
5. Goals
6. Action Steps
7. Daily Alignment & Accountability



"Sessions cater to both the individual (we do our own assessments, our reflections, share our thoughts) while also giving room and space to connect and reflect with others in a safe, respectful way. This experience generates thoughts and ideas in a collective way that helps us individually." Participant

"Even two sessions in, this has far exceeded my expectations. There's a great mix of structure and a framework to support us, balanced with the opportunity and choices for self-reflection, and group sharing, and/or a combo of both! Thank you for launching this!" Participant

Your guides, Tracey McConnell and Cassandra O'Neill, bring together their shared love of strengths-based approaches to change. They are passionate about helping people develop a blueprint for their destiny. They are trained in multiple facilitation and coaching techniques including: Appreciative Living Coaching, Life Coaching, Graphic Facilitation, and Conversational Intelligence for Coaches. Tracey and Cassandra have spent decades working with nonprofits, coalitions, and individuals to increase their clarity and the results they are achieving.