

# DESIGN YOUR DAYESTINY



Create your destiny every day!

12 Week Kiva Circle Supporting Self-Inquiry with Inspiration



**WHEN: Sundays**

**Info Session Nov 8**

**Sessions 1-4 Dec 6, 13, 20, 27**

**Sessions 5-8 Jan 3, 10, 17, 24**

**Sessions 9-12 Feb 7, 14, 21, 28**

**1:00—2:30 PM PT**

**2:00 to 3:30 PM MT**

**4:00—5:30 PM ET**

**WHERE: Zoom**

**COST: \$360/120 per month x 3 mos.**

Contact us for information about sliding scale options if you have financial limitations.

**RSVP: [Click Here to RSVP](#)**

**MORE INFORMATION?**

**Tracey McConnell**

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**Cassandra O'Neill**

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**“I want to create my destiny today and everyday!”** ! What better time to dig deep into your purpose, vision, and values? What better time to begin to chart a new course in this time of change, disruption, and a highly visible unmasking of social inequities? What better time to explore what might only be possible...Now!

Clarity can be elusive, especially during times of uncertainty. We all know we are navigating extremely challenging times. If you are excited about exploring how you can use this time to re-imagine and re-envision your life and our collective experience, join us for Designing Your Dayestiny. Home study built in!

## Participant Sessions

- 1—2 Find Your Hidden Treasures
- 3—4 Discover Your Ideal Life
- 5—6 Author & Visualize Your Ideal Life
- 7—8 Engineer Your Success
- 9—10 Live Your Intentional Dayestiny
- 11—12 Present and Embody Your Vision, Goals and Intentional Day

## Participant Outcomes

- 1. Strengths, Talents, Wellbeing Assessments
- 2. Values
- 3. Vision
- 4. Mission
- 5. Goals
- 6. Action Steps
- 7. Daily Alignment & Accountability

*“Sessions cater to both the individual (we do our own assessments, our reflections, share our thoughts) while also giving room and space to connect and reflect with others in a safe, respectful way. This experience generates thoughts and ideas in a collective way that helps us individually.” - Participant*



Your guides, Tracey McConnell and Cassandra O'Neill, bring together their shared love of strengths-based approaches to change. They are passionate about helping people develop a blueprint for their destiny. They are trained in multiple facilitation and coaching techniques including: Appreciative Living Coaching, Life Coaching, Graphic Facilitation, and Conversational Intelligence for Coaches. Tracey and Cassandra have spent decades working with nonprofits, coalitions, and individuals to increase their clarity and the results they are achieving.